

## Verbs worksheet | Past perfect progressive

To create the **past perfect progressive** (continuous) tense, use **had been** with the **ing** form of the verb: I had been playing all day.

**Instructions:** Fill in the blanks to complete each sentence below in the past perfect progressive.



1. I had been watching (watch) a movie with my friends.
2. The baby \_\_\_\_\_ (cry) until her mother picked her up.
3. He \_\_\_\_\_ (cook) dinner for his family for hours before they arrived.
4. The students \_\_\_\_\_ (work) on their project for weeks before they submitted it.
5. The sun \_\_\_\_\_ (set) over the horizon, painting the sky with beautiful colors.
6. She \_\_\_\_\_ (baked) a cake for her sister's birthday party.
7. We \_\_\_\_\_ (learn) a lot about history on our trip.
8. The company \_\_\_\_\_ (launch) a new product in the toy industry.
9. They \_\_\_\_\_ (play) basketball in the park for hours before it started to rain.
10. My parents \_\_\_\_\_ (wanted) to travel to a country they have never been to before.